

LATEST EDITION



**Hasan Nafsi:**

# Death Management

## *Back to Him in Peace*

**15 DEATH SIGNS & 11 STEPS  
TOWARD A PEACEFUL DEATH**

Guidelines for the Members of Klub Jiwa Damai (KJD)  
APPLICABLE TO ALL RELIGIONS / BELIEFS

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**THE FIRST TIME I SAW MY 9 DEATH SIGNS:**

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**Month:**  
**Hour:**

**NOTES:**

# **DEATH MANAGEMENT**

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**by:  
Hasan Nafsi**

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Jakarta, March 2013

*Come into the Earth  
O, the offspring of Adam  
by crying  
while the people welcome you  
in happiness*

*Then fight for (the peace of) your soul  
so sometime you will leave the Earth  
in happiness  
while the people see you off  
by crying*

**Raabi'ah Al-'Adawiyyah Al-Qasiyyah  
alias Raabi'ah Al-Bashri**

(Islamic sacred woman from Basrah, Irak, 717 – 801 AD)

## ***Preface & Announcement***

*Dear readers...*

*This book represents as the guidelines for each member of Klub Jiwa Damai (KJD). However, everyone beyond KJD is welcome to read it. You are even free to reduplicate it in any formats and distribute it to anyone as a reading material without intending to implement the contents.*

*In case you are interested to implement the contents of this book, you need to fulfill the two conditions below.*

***CONDITION #1: you should try to win the KJD membership – see Appendix 2 for detailed information about how to be a member of KJD. NOTE: all the membership processes are free of charge.***

***CONDITION #2: you should pay the “dowry” of this book namey by feeding at least a needy person and/or needy orphan, at least one meal. You better provide it in form of cash adequate for buying a reasonable meal based on your sincerity and financial capability. You better hand it directly to the given person or people. In case you are unable to do so, you can channel your payment through any not-for-profit organization convenient to you.***

*In case you are unable to obtain a suitable organization, we suggest you to channel your payment through the bank account of our parent institution, namely **LSM Pusat Pemberdayaan Masyarakat Marjinal (NGO Center for the Empowerment of Marginalized Communities)**, as follows:*

- **Bank account number: 070-00-0618212-0**
- Account name/holder: LSM Pusat Pemberdayaan Masyarakat Marjinal
- Bank name: PT Bank Mandiri (PERSERO) Tbk Cabang Jakarta Plaza Mandiri
- Swift #: BMRI IDJA
- Bank address: Jl. Jenderal Gatot Subroto Kav. 36-38, Jakarta Selatan 12190, DKI Jakarta, Indonesia

***NOTE:***

- ***In order to avoid your financial loss, you better make the payment after the approval of your membership by KJD, as there is no certainty whether your membership application would be approved.***
- ***If you are sure that you are a needy person, please skip the condition #2. You do not need to pay anything. This book is free for you!***

*Thank you for your kind attention. Happy reading!*

*Sincerely,  
Hasan Nafsi*

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## Chapter 1: The Essence of Death

### The Death Myths

If you are informed – by your doctor, for instance – that in the next few weeks you will definitely die, what is your response?

If you are happy, then you are a right person – although this would sound so weird to many people.

If you panick or get stress, you are undoubtedly one of the victims of death myths. If this is the case, then we advice you to learn this book, because death is tremendously enjoyable and beautiful, absolutely far from what you think right now.

Are you scared of death? Then you are completely mistaken. Death is not a scary thing. Just like birth, death is an exciting moment although it is always adorned with tears.

If you believe that there is a peaceful life, then you also must believe that there is a peaceful death.

So, why death is so horrifying to all people? And why is death perceived to be identical with horrors and agonies? Because most people remain to be ignorant about death. Why? Because they are reluctant or absent to learn about death than life. As the consequent, they are badly trapped in wrong paradigm, perception, and myth about death.

This what happens to those scared of wild animals such as cobras. If you never learn about these poisonous snakes, you must misunderstand about them and subsequently misjudge them. And you remain to be trapped in incorrect paradigm, perception, and myth about cobras.

For centuries, Indian people have been well informed about cobras. A significant part of them are capable in controlling cobras with a flute. As a result, the deadly snakes change into beautiful dancers attracting a lot of tourists and money. The Indians have successfully escaped from wrong paradigm, perception, and myth about cobras. They even have miraculously transformed the snakes from making people die into making people survive and happy.

This book will help you throw away all the ill paradigms, perceptions, and myths about death as far as possible. By reading this book, you will finally discover that death – just like life – is manageable, although any creatures, anywhere, are impossible to delay or reschedule it.

Furthermore, death – beside life – has optimizable excitements in addition to avoidable agonies. In this relation, you should learn the **11 steps toward a peaceful death** (see Chapter 6). As the prerequisite to this, you need to recognize your **15 death signs** (see Chapter 2).

But before doing all those things, you need to find out about yourself as the epicenter on which the most mysterious phenomenon called **death** occurs.

## Who Really You Are?

Have you known who you are?

We often asked this very simple question to thousands of people – most of whom eventually became the members of KJD – in many parts of the world. Most of their answers were: “Yes!”, and “Of course!”, or even “Sure, why don’t I?” – although most of them responded after thinking for a while or with a little confuse.

Funnily, however, when we asked them the next questions, apparently no one of the mostly well educated people who really knew themselves. And this made them gawk. We have recorded one of such events, as described in the following snapshot.

If your name is Hasan, and as I ask you: “Who is Hasan?” – you must raise up your hand, don’t you? And then, when I ask someone else sitting near you: “Can you show me where Hasan is?”. That person must burst out: “This one!” while pointing toward you or any part of your body – such as your head, chest, hand, leg, etc.

As the person points toward your head, I would deny: “That is Hasan’s head. That is not him! Where is Hasan?”

As the person points toward your chest, I would deny: “That is Hasan’s chest. That is not him! Where is Hasan?”

As the person points toward your hand, I would deny: “That is Hasan’s hand. That is not him! Where is Hasan?”

And so on...

Whatever that person points toward Hasan, he can do nothing but merely showing me the parts of Hasan’s body. The person totally fails to show me: where Hasan really is.

Yes, where is Hasan? From the illustration above, it is very clear that you – or anyone else in the universe – never see Hasan’s **real** form.

Everyone only can see Hasan's **physical** form, and this is not his real form. Hasan's real form exists somewhere beyond that physical form, in a space and time impossible to be detected by human senses.

In fact, Hasan – or anyone else in the universe – respectively has two forms, or identities, or realities that work simultaneously, namely the sensorily identifiable physical form/identity/reality, and the sensorily undetectable spiritual form/identity/reality. This dynamic, duumvirate life system has been smartly described through two box-office movies, namely "The Matrix" directed by the two Wachowski's, and "Avatar" by James Cameron.

So far, almost all of us only recognize our physical form. We are not intimate with, or even ignorant about, our spiritual form. Whereas in fact our spiritual form is most important than our physical form. This is mostly because our spiritual form is eternal, as it has a beginning (as The Almighty God exhaled a spirit into our embryo in our mother's womb); but it does not have an end, as our spirit lives endlessly until the life after death. In the other hand, our physical form is transient, as it has both a beginning (as it was developed in our mother's womb) and an end (as it eventually dies, decays and gradually dissolves in the decomposition process underground).

So, in fact, as we pass away, only our physical form that dies. Our spiritual form remains living. In this context, it just emigrates from our current life to the next world in an afterlife journey toward The Most Beginning and The Most End.

The biggest question remaining now is: how can we undergo the journey successfully so that we can be back to Him in peace? This is what the Death Management about.

## Chapter 2: The 15 Death Signs

There are totally 15 death signs in the life of a human being that can be divided into two inseparable chronologies, as follows:

- **The Nine (9) initial death signs:** the simultaneous appearance of these nine signs means you will die exactly in the 40 days to come. If only some of them (4 or 5 signs) that emerge, then you will die approximately in the next 10 years.
- **The Six (6) ultimate death signs:** you will witness all these nine signs about half an hour before you die. This is the most end part of your life in this transient world.

Below are the details of all the death signs.

### The Nine Initial Death Signs

- **Death sign #1:** you cannot see the tip of your nose anymore.
- **Death sign #2:** as you lick your palate, it is numb. Normally you feel an itch.
- **Death sign #3:** as you look at yourself in the mirror, you cannot see your pupils anymore. Your eyes just look white without any pupils.
- **Death sign #4:** as you use your palm to rub the skin of your forearm, you feel it slippery like the surface of a bottle, and it does not produce a sound of friction anymore. Normally it is coarse, and if it is rubbed, it sounds like a friction of paper sheets.
- **Death sign #5:** as you lick your sweat, it does not taste salty anymore.
- **Death sign #6:** as you place your palm on the crown of your head, by which your wrist is positioned symmetrically in between your eyes, you see your wrist have been cut off. Normally, your wrist looks as small as a stick of cotton bud, but not cut off.
- **Death sign #7:** as you close your eyes and then you press either eyelid with your finger, you see entirely black color inside each of your eyes. Normally, you see the orange shadow of your pupil inside your right or left eyes like the pupil of a cat or an owl.

- **Death sign #8:** as you plug up your ears with your fingertips, you hear nothing but quietness. Normally, you hear the flow of your bloodstream, sounding like a waterfall, or sea waves, heard from afar.
- **Death sign #9:** as you press your navel with your thumb, there is no more beat.

## The Six Ultimate Death Signs

- **Death sign #10:** all the solid objects available above you, especially the ceiling, are about to fall against you. This will last for one or a few minutes.
- **Death sign #11:** all the objects available around you are drawing farther and farther away from you and finally disappearing, like the objects you are seeing along the way as you are in a running car. This will last for one or a few minutes.
- **Death sign #12:** all things around you turn black and suddenly you are totally surrounded by the darkness. This will last for about 30 seconds or a few minutes.
- **Death sign #13:** about a dozen of evil creatures suddenly appear and cluster around you. They look like your family members and best friends who had passed away. They try to tempt you to follow them. You have to strictly refuse them. Otherwise, they will take you away to a wrong place and consequently you would die in a horrible situation. Normally, this will last for a few minutes. But if you are tempted, it could last for a few hours and consequently everything would go worse and fatal. If you can control them, the evil creatures will finally go away and disappear.
- **Death sign #14:** this is the turning point of the death sign #13. In this phase, all things around you turn blue. This will last for about 30 seconds or a few minutes.
- **Death sign #15:** (see Chapter 7).

All the death signs described above are detectable by you against yourself. You cannot detect them against anyone else, except the death signs #4 and #9. Due to their objective nature, the death signs #4 and #9 are detectable by you against anyone else. For example, if you find someone is terribly ill, you can detect his death signs #4 and #9 to find out whether the illness would lead him to die in the next 40 days.

## People Who Need Help to Detect Their Death Signs

Due to their impairments, persons with senile dementia and those with mental disabilities are impossible to detect any death signs. These groups need others to detect their own death signs.

Principally, persons with speech impairment can be specially trained to detect their own as well as others' death signs.

Persons with total blindness are impossible to identify any death signs related to sighting, namely the death signs #1, #3, #6, #10, and #11.

Persons with part blindness can detect all death signs, except the death sign #6.

Persons with hearing impairment can observe almost all their own death signs, except the death signs #4 and #8.

Members of KJD are enormously encouraged to help such groups in detecting their death signs on condition that they or their family members should submit a written proposal for that purpose. Without a written proposal, anyone who help them might be trapped in an unnecessary misunderstanding related to their eventual death.

As we have explained previously, you are possible to predict the death of anyone else due to the availability of two objective death signs – namely the death signs #4 and #9 – you can use for detecting anyone's death.

## Chapter 3: Monitoring Your Death Signs #1 Through #3 Regularly

In order to find out the most accurate information about the predestined hour of your death, you should monitor your death signs regularly, at least three times a day, namely in the morning, at midday, and at night.

Beyond the three time frames, you can also check your death signs as you are encountering a dangerous situation or threat risky to your life. These include tsunami, fire, etc.; or a potential disaster in any land, sea, or air trips; or as you are facing a dead threat from armed persons or potential attackers.

If you are a soldier preparing into a warfare, check your death signs before departure. If your death signs have appeared, it means that you will die in the battle front.

If you plan a long trip, detect your death signs a few days before leaving. If you see them, you should cancel your trip, except you like to die in your target area.

By monitoring your death signs regularly, you will not die from any disasters, accidents, warfare, wild animals, and all other horrible causes of death. Thousands of people around the world practicing this knowledge have proven this.

None of the practitioners died in a place or situation beyond their will. All of them peacefully died while smiling like sound sleepers in a death procession they carefully planned 40 days beforehand.

Death, to those practitioners, is an enjoyable, well-planned procession; not a terrifying, unpredicted accident.

In regularly monitoring your death signs, you do not need to identify all the nine signs entirely because that would be impractical, and may be boring, too. The only thing you should do is to regularly check three of them, namely the death signs #1, #2, and #3.

Why should you only check three of your death signs routinely? Why not only one or two? This is because, in some cases, the signs occur merely due to physical factors, not as death signals. The example is the death sign #1 (*you cannot see the tip of your nose anymore*). This sign often emerges not as a death sign, but merely due to oversleeping, or you are temporarily having an eye disorder, so that you cannot see the tip of your nose for the time being.

Other example is the death sign #2 (*when you lick your palate, it is numb. Normally you feel an itch*). Sometimes this happens not as a death sign, but because you are having a problem with your mouth or gums as the consequence of overconsuming ice cream, for instance.

Therefore, you have to cross check the three death signs completely to ensure whether the emerging signs are really your death signals or just temporary physical symptoms.

In case the three signs have appeared completely, then it is the best time for you to check your nine death signs (namely your death signs #1 through #9) simultaneously. If only a part (4 or 5) of the nine signs that appear, this means you will continue to live until the next 10 years. Usually, after several weeks the nine signs will disappear and everything will go normal as before.

However, if your nine death signs have emerged completely, then you will exactly die in the next 40 days. If this is the case, you should do all the things described in Chapter 4 and beyond.

## **Chapter 4:**

# **Preparation During the 1<sup>st</sup> Through the 40<sup>th</sup> Days of Your Pre-Death Period**

### **If Your Nine Death Signs Have Appeared**

If your nine initial death signs have appeared completely, this means that you will absolutely be back to Him exactly in the 40 days to come.

The first thing you should do is to deeply thank Him. If you are a Muslim, perform the gratitude prayers. Why? Because your rendezvous with Him – you might have been expecting for a long time – will happen soon, namely in not more than 40 days from now. That would be a “reuniting” day between you and The Most Creator since your last convocation with Him last time before He sent you to this world through your mother’s womb.

Your last convocation with Him was the day in which He entrusted you to your mother for your furtherance. Yes, only your spiritual form who witnessed that historical event. While your physical form did not see it at all hence completely ignorant about it.

Now, it is the time for The Most Entruster to ask one of His angels to “feth” you back to Him. The nine death signs represent His “invitation letter” to inform you that you will be fetched exactly 40 days from now.

If during the “fetching” day you try to live in the perspective of your physical form, you must be engulfed in extreme horrors and panicity. This is because your physical form – that knows nothing about the entrusting business dealt between your spiritual form and Him in the past – is now suddenly fetched to a place considered so horrible by your physical form. Your physical form must enormously resist it although your physical form realizes that there is no creature, no science, no technology, nothing anywhere is able to change the fetching schedule He already decided.

But if you are intimate with your spiritual form, you must be very happy primarily because – beyond the knowledge of your physical form – your spiritual form extremely longs for his Most Entruster. This is like the yearning of a kid who was left somewhere by an entruster. Many years afterward, the kid has to be back to his entruster. As he will soon reunite with his entruster, the kid must be very happy.

Therefore, in your daily life you should always engage yourself with your spiritual form. So that, when your fetching day has come, you will automatically welcome it with a great happiness, not with sorrow.

In principle, all the activities of KJD – primarily the Personal Services (Bakpri) and Mass Services (Bakmas) – constitute a process for driving you effectively toward the engagement with your spiritual form.

## Preparation During the 1<sup>st</sup> Through the 40<sup>th</sup> Days

You should be well prepared before you can be back to Him in peace. Your most important preparations include:

1. Soon after your **nine death signs** (the death signs #1 through #9) have appeared simultaneously, **CAREFULLY RECORD THE DAY, DATE, MONTH, HOUR, AND MINUTE**. Based on this, make a projection of your **death schedule** for the next 40 days. For example: according to your record, your **nine death signs** entirely appeared in **June 1<sup>st</sup>, 2013 at 08:36**. This means your **death schedule** in the next 40 days would be **July 11, 2013 at 08:36**.
2. **IMMEDIATELY CONTACT US (KJD)** to inform us about the **time** (date and hour) in which you initially discovered your nine death signs, as described above. We then will interpret the spiritual symbols behind the date and hour for further detection of your death sign #15 and the Step 11 you vitally need in the “D” day of your death (see Chapter 7 for more details).
3. Except to the members of KJD, **YOU SHOULD NOT INFORM ANYONE ELSE THAT YOUR DEATH SIGNS HAVE APPEARED**. You should keep this a secret even to your closest family members (spouse, parents, children, sisters/brothers, etc.). This is in order to avoid their emotional over-reactions that may seriously disturb your death preparation and procession. But, on the contrary, **if your family members belong to KJD, you must share the information to all of them** because you extremely need them right now and most importantly later during your death procession. Their presence at your bedside during your “departure” would be the most beautiful moment in your life and also theirs. As you share the information with them, they must accept it wisely based on related knowledge and ethics they have adopted from KJD. It is most likely that your family members would be as happy as you are as they know that you will soon reunite with your Most Entruster for Which you extremely long so far. Based on the KJD’s code of conducts, they will not share this particular information to anyone beyond KJD.
4. **INCREASE YOUR PERSONAL SERVICES (BAKPRI) AND MASS SERVICES (BAKMAS)** in order to enhance the quality of your spiritual form, so your journey back to Him would be much smoother.

5. **SETTLE ALL YOUR FAMILY AFFAIRS COMPLETELY.** If you are the head of your family, make a will or a last message for all your family members on paper and also on video. Then you can upload the video into the Internet (in Youtube, for instance) and share the link with all your family members and other persons convenient to you. You should try your best that, upon your departure, there would be no conflict within your family – primarily regarding inheritance.
6. **APOLOGIZE TO ESSENTIAL PERSONS YOU CAN EASILY REACH** primarily your spouse, children, other family members, colleagues at KJD, friends, neighbors, and other persons important to you. But you ought to do this without sparking a suspicion among those beyond KJD that you are going to die soon. If you cannot apologize face to face, just do it by using information and communication technologies such as telephone, e-mail, and SMS as long as these are culturally acceptable among your community. If appropriate, you can also consider apologizing through a postal mail. But please remember, the apologizing business should not eat up all your time because you really have a limited time. And most importantly, you need to tackle other far more essential things.
7. **COMPLETELY SETTLE ALL YOUR SIGNIFICANT AFFAIRS** primarily debts, borrowing business, promises, plans, etc. between you and your family members, relatives, colleagues at KJD, neighbors, bosses and partners in your office, and other persons you consider as important.
8. Although your death is in front of your eyes by now, **YOU SHOULD KEEP TRYING TO BOOST YOUR PHYSICAL, MENTAL, AND SPIRITUAL WELLNESS** so that you can later enjoy your death with an excellent health condition. Stop eating meat and other fatty foods if you are a carnivore or a fat gourmand. Stop drinking alcohol if you are an alcoholic. In brief, stop doing all things disruptive to your physical, mental, and spiritual wellness.
9. **IF YOU ARE A SMOKER OR A NARCOTICS USER, PLEASE STOP SMOKING, STOP USING NARCOTICS HERE AND NOW** because both dangerous substances will ABSOLUTELY make you fail to enjoy a peaceful death. Smoking will disturb your respiratory system; at the same time, your effort to die in peace would vitally depend on your respiratory wellness. If your breath does not work properly, you will encounter severe sufferings as your breath slowly ceases. Meanwhile, narcotics will destroy your memory system. The closer you are to your death, the more gradually dysfunction your memory will, so that you tend to lose your capacity for controlling your consciousness. At the same time, in that phase you extremely need a good, fully-controlled consciousness. Without this, it is impossible for you to properly emigrate from the current world into the afterlife – and this would be fatal for you.

- 10. CONSUME AS MUCH FRESH VEGETABLES AND FRUITS AS POSSIBLE** – primarily in form of juices and smoothies – as these will boost your fitness as well as eliminate bad smell from your body and your eventual corpse. Eat fresh vegetables and fruits containing a lot of calories, minerals, and vitamins you extremely need to ensure your excellent fitness in ultimately facing the angel of death.
11. Although you need to work so hard to prepare all these things carefully, but you need to **KEEP OUT OF STRESS**. You have to ensure an adequate rest for yourself so that you can remain physically, mentally, and spiritually well until the end of your life.
- 12. MAKE A RIGOROUS PLAN ABOUT IN WHICH CITY, HOUSE, AND SITUATION YOU WISH TO DIE.** By creating such a plan, you can ensure that your death process would really constitute an enjoyable spiritual travel into the afterlife. Design a plan in such a way so that your death would be your longest and most beautiful rest. You should arrange all of these since the beginning and the detailed schedule has to be well prepared at least two weeks prior to the “D” day of your death. Do not forget – if it is possible – to prepare a quiet, cool, and commodious room for the place of your death. This room should be well accessible by the hearse later. From the outset, protect the house from any dangers – especially fire – that would disturb your death procession.

This list can be extended according to your needs. In attempt to improve your preparations, do not hesitate to consult everything with your colleagues at KJD.

## **Chapter 5:**

# **Prepare the Persons Who Will Flank You in Your Death Procession**

In undergoing your death procession (11 steps) as described in Chapter 6, you should be flanked by your colleagues at KJD so that you could eventually be back to Him smoothly and comfortably. You have to vigorously plan this at the latest of three weeks prior to the “D” day of your death.

Hopefully, the members of KJD – who flank you in your eventual death procession – are your own family members. If so, it would be the most beautiful moment in your life and beyond. In addition, as they belong to KJD with adequate death-management capacity, they must be very helpful in escorting you back to Him in peace.

### **Passing Away Beside Your Family Members Who Belong to KJD**

If you involve your family members – who belong to KJD – in your death procession, you all should note the vital issues below.

#### **During the 1<sup>st</sup> through the 40<sup>th</sup> days prior to your death:**

- Since the initial appearance of your nine death signs, you should immediately contact them (your family members who belong to KJD) to let them know about your death schedule while inviting them to flank you as you undergo your eventual death procession.
- You need to assign two or three of them into a coordinating team to ensure the smoothness of your death procession. This team is collectively responsible to you as you are still alive, and then to your closest family members as you are already dead.
- They are forbidden to inform about your death to your other family members beyond KJD to avoid emotional over-reactions that may disturb your death preparation and procession.
- They are allowed – even recommended – to frequently visit you at home in order to decrease, and not to increase, your burden both materially and mentally. Most importantly, they must help you maintain your physical, mental, and spiritual wellness so that you can smoothly undergo your eventual death procession.

- They must manage it in such a way so that their visit to your home – which may more frequent than usual – will not spark any suspicions or misunderstandings among your other family members as well as neighbors beyond KJD.

### During the “D” day of your death:

- A few hours prior to your death, they should come only for praying, chanting holy words repeatedly in praise of God (in Islam we call this *zikir*), or reciting the holy book of your religion/belief. However, if they have a different religion/belief, they should not do all these things because that could disrupt your faith and subsequently your emotion. So, they better sit down quietly.
- If it is convenient to you, you can allow those having the same religion/belief as you do to pray, do the *zikir*, or recite the holy book aloud. However, as soon as you are starting to undergo the Step 5 and beyond, they must stop doing all those things because in this particular phase your memory and subsequent consciousness begin to drop drastically. At the same time, you extremely need adequate memory and consciousness in your attempt to control the spiritual phenomena around you which are increasingly critical by then. If they have vital reasons to do it, the people may continue to do the *zikir* but in whisper and cannot be heard by you, so not to disturb your concentration. If you and they are Muslim, you all better do the *zikir* together by saying ‘ALLAHU’ repeatedly (see Step 5 in Chapter 6).
- At least 24 hours prior to your death, the coordinating team must ensure that the room – in which you will pass away – is ready for use. The room should not be too crowded, so you feel comfortable to stay in it. You should not be flanked by too many people in the room. Only your closest family members are allowed to be with you there, except you need more people to make yourself feel more convenient.
- A few hours prior to your death, the coordinating team must strictly maintain the restfulness of your room. Nobody, except yourself, is allowed to talk. Talk is only allowed if it is extremely important, but it has to be done in whisper. If someone has to unavoidably speak to you, she/he must try to use ABC (accurate, brief, clear) words. This is because in this particular phase your memory and subsequent consciousness begin to drop drastically, so it is impossible for you to digest any phrases more complex than the ABC words.

## Passing Away Beside the Members of KJD Beyond Your Family

In case you have no family members belonging to KJD, there is no help for it, you must invite your colleagues at KJD (beyond your family) to be the leading group as well as primary audience in your death procession.

Choose your colleagues at KJD that you really trust, and they also trust you and get ready to escort you during your death procession. But remember, you should not force them to do so. They must do it sincerely.

Remember also that you need to involve maximally four of your closest family members (primarily your spouse, parents, brothers and sisters, parents-in-law, or cousins) to co-witness your death procession. This is primarily to beautify the memory of your death. At the same time, the presence of your family will avoid possible misunderstanding among anyone who may mistakenly accuse your colleagues at KJD as the causal factor of your death.

For more effective passing away beside the members of KJD beyond your family, you need to ensure the three phases of preparations, as follows:

- **PREPARATION PHASE 1:** at the latest of three weeks prior to the “D” day of your death, approach your colleagues at KJD to inform them about your death schedule while inviting them to flank you during your eventual death procession. In addition, you need to assign two or three of them into a coordinating team to ensure the smoothness of your death procession. This team is collectively responsible to you as you are still alive, and then to your closest family members as you are already dead.
- **PREPARATION PHASE 2:** about a week prior to your death, invite two or four of your closest family members (primarily your spouse, parents, parents-in-law, sisters and brothers, or cousins) to attend a “meeting” with your colleagues at KJD by the next week. **Remember, do not ever say or give a signal to them that the “meeting” would be your death procession** in order to avoid emotional over-reactions that could disturb your death preparation and procession.
- **PREPARATION PHASE 3:** in the “meeting” day, ask your given family members to come about four or five hours prior to your death schedule. And then, about two hours before you undergo the **11 steps toward a peaceful death** (as described in Chapter 6), wisely let them know that in a few hours to come, you will leave them forever. But remember, you have do it

carefully, more importantly if any of them have the medical record of the heart problem. In case you are not brave enough to tell your family about what is happening, you can ask the most senior or wise one among them to inform others about your situation. If this does not work, then – as a last resort – you can ask the coordinating team to do that. Hearing the shocking news, your family members must cry loudly. Some of them may faint. You should prepare effective, wise steps to anticipate such consequences and other adverse possibilities. But remember! You should not be badly trapped in such emotional situations because you do not have enough time. You must make the most of your limited time to focus on your death procession in your effort to be back to Him in peace. In critical situations, there is no help for it, you must sincerely tear yourself away from those people you love best although by then they are fainting or crying hysterically. You should keep yourself strong, thinking positively, and relaxing. To this end, the role of the coordinating team is vital.

## Chapter 6:

# 11 Steps Toward a Peaceful Death

### Toward the Truest Life

This is your last presence in this temporary life. Now you are on your way toward the truest, most eternal life outstretched in front of you. With your careful preparation since 40 days ago, as described in Chapters 4 and 5 above, you must be able to manage everything smoothly.

Remember! You have only one goal today: **back to Him in peace.**

Like thousands of people around the globe practicing the knowledge discussed in this book, you will enjoy all parts of your death procession peacefully and enjoyably, no agony at all. Instead, at the last moment (the Step 11), you will have an orgasm like a pair of lovers who are making love. This would prove that your trip back to Him is full of bliss that makes you enjoy the greatest pleasure in your life – much more than the experience of a young couple in their first wedding night.

At the latest of 12 hours prior to your death schedule, you must fully get ready to undergo your death procession, as described in the following 11 steps.

#### STEP 1

- Clean your body to make yourself feel fresher by sponging it with wet cloth or wet tissue and then drying it with a towel. You do not need to have a shower to avoid consequent chill and shivers that may disrupt your convenience in undergoing your death procession.
- You can use some perfume. Choose one with soft fragrance, not stinging, so that not to discomfort the people who hug and kiss your eventual corpse.

#### STEP 2

- Tell all other people who are not involved in your death procession that – whatever the case – nobody may disturb you when you are staying in the room. **Set off all the telephones and other communication devices available around you.**
- About three or four hours before you die, you may do a mutual-forgiving for the last time with the audience. But remember:

**nobody is allowed to yowl because this may disrupt your mental condition. Soundless crying is acceptable as long as it is not too much.** In addition, **do not trap yourself in such a time-consuming situation because you do not have enough time.** In case your available time seems so limited, you should skip this part, primarily because you may have forgiven each other with all these people a few weeks or a few days before today.

- It is advisable that you lie down for your death on a thin mattress or thick blanket spread on the floor. Remember, do not die on the bed or thick mattress, as this may make you fall or roll down and consequently disrupt the smoothness of your death procession.
- Use two pillows comprising a flat pillow to be placed on your head and a bolster to be placed on your right side. This bolster will restrain your body from facing downward as you are undergoing the Step 11 later.
- Do not use slick mattress or blanket, pillow, and bolster that may make you skid.

### STEP 3

- If you have enough time to do the prayers and physically you are still able to do it, then do it. But do not do it too long, only about three minutes, as your time now is strictly limited. If you feel that you run out of time, you can do the prayers beyond the normal situation, namely by gestures and by heart only.

### STEP 4

- Enter the room (in which you will die) about two hours prior to the death schedule you prepared since 40 days ago. For example, if your death schedule is at 08:00, then you must go into the room at 06:00. So you have enough time for making yourself relax in facing the death angel.
- Lie down on the prepared place. Your right side should face the direction sanctified by your religion/belief – for example: *kiblah* (direction of Mecca) for the Muslims.
- Cover up your body with a thick blanket because shortly before you die later you will shiver with cold, as your heart gradually will stop functioning and stop supplying oxygen to your entire body. **REMEMBER, due to the last ritual you must perform by the end of the Step 11, you should cover up your chest through your feet with the blanket, but you must let your hands stay uncovered.**

## STEP 5

- The closer you are to your death, the more confused you mind will be. As if there is a power inside yourself that forces you to turn senile. In fact, this is not the case. The thing is: on the verge of your death, your brain and subsequent memory are gradually disfunctioning. You have to overcome this. Otherwise, you would really turn senile, so that impossible for you to control yourself. As the consequent, you would fail to undergo this step and the next ones. In the end, you would completely fail to be back to Him in peace. **This is why we strongly suggest that you should be flanked and consequently facilitated by your colleagues at KJD in undergoing your death procession.**
- To avoid the senility, you need to do the *zikir* (chanting holy words repeatedly in praise of God). For example: if you are a Muslim, do the *zikir* by chanting '**ALLAHU**' repeatedly.
- As during this particular phase your memory has dropped drastically, so that you are unable to remember any long and complicated words, then do the *zikir* by chanting **only one name** among a myriad of your God's names; do not chant more than one of His names. Choose the best name among all His names. Most importantly, choose His shortest name, maximally two syllables; do not chant His name which comprises more than two syllables. If you go against these rules, you will turn senile and delirious, and this would be extremely fatal for you.
- For the *zikir*, do not choose His name which is ended with a consonant, as this will severely disrupt your breathing. Choose one of His names which is ended with a vowel. For example: if you are a Muslim, do the *zikir* by chanting '**ALLAHU**' (ended with a vowel), instead of '**ALLAH**' (ended with a consonant).
- You must relax, no haste! In doing the *zikir*, arrange the rhythm of your breathing so that you can keep controlling yourself properly until you eventually die. For example, if you are a Muslim, the way you do the *zikir* by chanting '**ALLAHU**' is: breathe in for about three seconds while saying '**ALLAH**', and then breathe out for about two seconds while saying '**HU**'. Do this repeatedly until the end of Step 11.

## STEP 6

- After a while, the DEATH SIGN #10 is appearing, namely: **all the solid objects available above you, especially the ceiling, are about to fall against you. This will last for one or a few minutes.**
- Pay no heed! Keep doing the *zikir* as described in the Step 5.

**STEP 7**

- And then the DEATH SIGN #11 is appearing, namely: **all the objects available around you are drawing farther and farther away from you and finally disappearing, like the objects you are seeing along the way as you are in a running car. This will last for one or a few minutes.**
- Pay no heed! Keep doing the *zikir* as described in the Step 5.

**STEP 8**

- And then the DEATH SIGN #12 is appearing, namely: **all things around you turn black and suddenly you are totally surrounded by the darkness. This will last for about 30 seconds or a few minutes.**
- Pay no heed! Keep doing the *zikir* as described in the Step 5.

**STEP 9**

- And then the DEATH SIGN #13 is appearing, namely: **about a dozen of evil creatures suddenly appear and cluster around you. They look like your family members and best friends who had passed away. They try to tempt you to follow them. You have to strictly refuse them. Otherwise, they will take you away to a wrong place and consequently you would die in a horrible situation. Normally, this will last for a few minutes. But if you are tempted, it could last for a few hours and consequently everything would go worse and fatal. If you can control them, the evil creatures will finally go away and disappear.**
- The best way to control the evil creatures is by keeping doing the *zikir* as described in the Step 5.
- ***NOTE: out of the 11 steps toward a peaceful death, this step constitutes the most critical one. Many people fail in controlling themselves as they undergo this step. Our research proves that your success in tackling this step – and also all other ones – are fully determined by your sincerity and perseverance in carrying out the Bakpri (Personal Services) and Bakmas (Mass Services) during your lifetime.***

## STEP 10

- And then the DEATH SIGN #14 is appearing, namely: **this is the turning point of the death sign #13. In this phase, all things around you turn blue. This will last for about 30 seconds or a few minutes.**
- Pay no heed! Keep doing the *zikir* as described in the Step 5.

## STEP 11

- And then the DEATH SIGN #15 is appearing: (see Chapter 7).

***NOTE: all the phenomena described in Steps 6 through 11 above are only witnessed by yourself, not by anybody else.***

## Helping Those Unable to Undergo the 11 Steps by Themselves

Due to their permanent impairments, persons with dementia and persons with mental disabilities are impossible to undergo any of the 11 steps by themselves. But this does not mean that they have no chance at all to enjoy a peaceful death. With the help of a member of KJD, such people can undergo the 11 steps although it would not be easy.

Other groups who also need help from KJD for undergoing their death procession are persons with visual impairments and those with hearing impairments. These groups are easier to tackle than the other ones.

In this context, as the member of KJD, you are strongly encouraged to help such groups undergo their 11 steps toward a peaceful death. This would be well recorded as an invaluable Bakpri donation you dedicate to those in great need.

In principle, persons with speech impairments can be specially trained so that they would be able to undergo the 11 steps by themselves.

But, before deciding to help any of them, you should ensure that their closest family members formally request you to do so. The family members also have to attend as you lead their death procession. This is in order to avoid any misunderstanding or suspicion that could link you criminally with their death, so that you could be jailed.

You should also ascertain that you and the given person you help profess the same religion/belief in order to avoid a psychological conflict that could disrupt her/his death procession.

The best method for helping anyone of such groups undergoing the 11 steps is by caressing her/his head, arms, or legs with full affection while guiding her/him to keep doing the *zikir*. You should always refer to the 11 steps described in this book. As she/he undergoes the step 9 she/he likely gets nervous, or even struggles to get loose. You should keep caressing her/him while doing the *zikir* until she/he gradually turns calm and finally stretches out stiffly at the end of the Step 11.

## Back to Him in Peace

After succeeding the 11 steps properly, God willing, you must pass away in peace.

At the end of the Step 11 you will meet face to face with The All Merciful. Consequently, you will experience the greatest euphoria of love. And you will have the greatest and most enjoyable orgasm, much more than the experience of a bride and bridegroom enjoying their initial sexual intercourse. In this phase, God willing, you will find out so clearly that death is really the most beautiful and enjoyable experience – both spiritually and physically – in your life. Death, like birth, is God's mercy for which you should deeply thank Him.

By then you will be so sure that your old paradigm – associating death with horrors and agonies – is merely a myth. Death is the most passionate afterlife-journey in the effort to be back to Him in peace.

Again, we would like to remind you that in fact, a **peaceful death** fully depends on a **peaceful life**. It is impossible for anyone to enjoy a peaceful death without firstly trying to develop a peaceful life.

As advised by KJD, in case you would like to develop a peaceful life, you must increase the peace in yourself. Due to this, you need to overspread a peace among all people. To this end, you must enhance the mutual-help culture among all people irrespective of their sex, skin, geographic identity, religion/belief, political opinion, social and economic status, sexual orientation, gender identity, disability, and all other backgrounds. As you might have learned it, each KJD member tries to achieve this by implementing the **Bakpri (Personal Services)** at least every week, and **Bakmas (Mass Services)** at least every month.

The Bakpri, Bakmas, and 11 steps toward a peaceful death constitute a continuum, an inseparable plait of chronologies, which guarantees you to live in peace in the present time, and die in peace sometime.

What are the criteria that you live as well as die in peace? Such criteria were illustrated with a beautiful and sacred poem by Raabi'ah Al-

'Adawiyyah as presented on page 3 of this book. In the poem, as if Rabiah is welcoming a new-born baby:

*Come into the Earth  
O, the offspring of Adam  
by crying  
while the people welcome you  
in happiness*

*Then fight for (the peace of) your soul  
so sometime you will leave the Earth  
in happiness  
while the people see you off  
by crying*

So, the characteristics of someone who lives and eventually dies in peace are: she/he comes into this world by crying while the surrounding people are happy to welcome her/him. And then on the contrary, she/he eventually leaves this world in happiness while the surrounding people are crying to see her/him off.

Whoever you are, at the outset you must be born in crying – impossible in smiling, or laughing boisterously. And when you were born, there must be someone – at least your mother – who was welcoming you happily. In this context, it is very clear that you have already fulfilled a half of the 'live and die in peace' criteria.

God willing, you will finish the last half of the criteria sometime as you die while your lips and heart are adorned with the most beautiful smile you ever have, in the ocean of tears, *zikir*, and prayers of your family members, relatives, neighbors, friends, and all other people you once helped through your Bakpri (Personal Services) donations whether the tangible ones and primarily the anonymous ones (see KJD Programs on Appendix 1).

In addition, there are another ocean of tears, *zikir*, and prayers of hundreds, or probably thousands, of poor people primarily their babies, orphans, street children, homeless children, the elders, persons with disabilities, women with chronic diseases, pregnant women, beggars, scavengers, vagrants, victims of natural disasters, other displaced people, and other needy people both in urban and rural areas – you once helped through your Bakmas (Mass Services) donations.

The honest and grateful tears, *zikir*, and prayers of the poor will become an incredible vehicle bringing you back to Him in peace. God willing!...

## Chapter 7: Explanation about the Death Sign #15 and the Step 11

The death sign #15 and the Step 11 are impossible to know by anyone by now. They can be detected only after the simultaneous appearance of your death signs #1 through #9 – namely exactly 40 days before you pass away.

The death sign #15 is much more special and sacred than the other 14 ones. This is primarily because the death sign #15 represents a partial form of The All Merciful with Which you would meet face to face in your afterlife journey, as guided through this book.

As illustrated in Chapter 4 (**If Your Nine Death Signs Have Appeared**), you – in your spiritual form that enormously expects to reunite with your Most Entruster – will be very happy. Due to this incredible happiness and also your euphoria for directly meeting with The All Beautiful, you will be engulfed in the ocean of love and passion and consequently you will have a terrific orgasm. You will still have an orgasm although you are too old or even sexually impotent, as proven by our intensive research. You will feel a tremendous bliss much more than the experience of a pair of young lovers who are making love for the first time, much more than anyone's happiness in the world. This is the most interesting part of the Death Management.

In addition, the death sign #15 is more unique than the death signs #1 through #14. As the death sign #15 is appearing, each individual will witness a unique visual and spiritual experience relating to the sign. The first individual may see certain colors such as white, yellow, red, etc. The second individual may see certain natural objects such as tree, water, mountain, etc. The other one may hear certain sounds; and so on. The type of visual and spiritual experience faced by each individual will depend on only one thing, namely the information about the **time** (date and hour) in which the given individual initially witnessed her/his nine death signs – namely the death signs #1 through #9 – simultaneously, as described in Chapter 4 (**Preparation During the 1<sup>st</sup> Through the 40<sup>th</sup> Days**).

As you eventually witness your death sign #15, you are required to respond by undergoing the Step 11. So, in this context, the death sign #15 and the Step 11 constitute an inseparable duumvirate. Like the death sign #15, the Step 11 is also more special, sacred, and unique than all other 10 steps. The Step 11, in principle, is the follow-up you **must** take in response to the death sign #15. Any mistake in undergoing the Step 11 would mean a severely terrible consequence that could lead you to a

visually and spiritually wrong way so that you would completely fail to be back to Him in peace.

The Step 11 also will constitute a “password” as well as the only prerequisite to enable you to emigrate to the afterlife smoothly. The form of response you should make also depends on the information about the **time** (date and hour) in which you initially witnessed your nine death signs – namely the death signs #1 through #9 – simultaneously.

As described in Chapter 4, as your nine death signs have appeared simultaneously, you must record the **time** (date and hour) of that appearance and then inform it to us (KJD) as soon as possible. We then will try to interpret the spiritual symbols behind the date and hour using a “special manual”. From here then we could possibly find out:

- **What kind of** death sign #15 you are going to witness at the end of your life, whether specific colors, natural objects, sounds, etc. Each individual must witness her/his own death sign #15 which is totally different from the others do.
- **What kind of** Step 11 you will have to undergo in response to the death sign #15 above. Each individual must undergo her/his own Step 11 which is totally different from the others do. Whatever Step 11 you will have to undergo by then, in this context you must be extremely careful because, God willing, in this particular step you will directly meet and interact with The All Merciful.

## How to Access the Service for Getting the Information about the Death Sign #15 and the Step 11

As soon as you face your nine death signs simultaneously (see Chapter 4), contact the KJD’s Board of Spiritual Advisors via email ([hasannafsi@gmail.com](mailto:hasannafsi@gmail.com)) under the subject “DEATH SIGNS” by including:

- Your valid Registered Membership Number (RMN) at the Klub Jiwa Damai (KJD). **Sorry, without this we are unable to serve you.**
- The **time** (date and hour) in which you initially witnessed your nine death signs simultaneously.

At the latest of 48 hours after receiving and processing your request, we will immediately inform you via email the details about your death sign

#15 and your subsequent Step 11 for your further guidance in undergoing your eventual death procession.

Based on KJD's code of conduct, we will not share all about your death information to anyone.

***NOTE: we charge no fee for all aspects of this service. All is FREE!***

**APPENDIX 1:****Information about Klub Jiwa Damai****Introduction**

KJD is an association of **soul-at-peace community** striving to help its members enjoy a peaceful life and subsequently a peaceful death through Bakpri (Personal Services), Bakmas (Mass Services), and Death Management.

**Soul-at-peace community** is a group of people in which each its individual **strives for a peaceful life and subsequently a peaceful death.**

**In attempt to enjoy a peaceful life** a KJD member must increase the peace in her/himself for which she/he needs to overspread a peace among the people. To this end, she/he must enhance the mutual-help culture among all people irrespective of their sex, skin, geographic identity, religion/belief, political opinion, social and economic status, sexual orientation, gender identity, disability, and all other backgrounds. Each KJD member tries to achieve this by implementing the Bakpri (Personal Services) at least every week, and Bakmas (Mass Services) at least every month.

**In attempt to enjoy a peaceful death** a KJD member must learn and implement the death management comprising the monitoring and detection of her/his 15 death signs, and the eventual implementation of 11 steps for facing her/his predestined hour of death peacefully.

**Strategic Framework**

**VISION:** a soul at peace in the current life and in the afterlife.

**VALUES:**

- A sincerity to The Most Creator in order to ensure a soul at peace.
- Maintaining the Five Principles of Health namely: physical, mental, spiritual, social, and economic wellness as the prerequisite of a soul at peace.
- Protecting the human rights to ensure the full respect of human dignity and, in turn, peace by all people, the state, and all other entities.
- Promoting the green lifestyle to ensure the sustainability of the Earth as the primary support system for human survival and peace.

**MISSION:** KJD is an association of soul-at-peace community working around the globe. KJD strives to help its members enjoy a peaceful life and subsequently a peaceful death through Bakpri (Personal Service), Bakmas (Mass Service), and Death Management.

**OVERALL GOAL:** to build the capacity of all KJD members in increasing the peace in themselves by overspreading a peace for all people.

**MOTTO:** Mutual help in goodness and piety.

**MAIN PROGRAMS:** KJD has four main programs, namely:

1. **PROGRAM 1: Developing KJDWs (Local KJDs)**
2. **PROGRAM 2: Personal Services (Bakti Pribadi or Bakpri)**
3. **PROGRAM 3: Mass Services (Bakti Massal or Bakmas)**
4. **PROGRAM 4: Death Management**

## Description of the Programs

**PROGRAM 1: Developing KJDWs (Local KJDs):** Establishing and developing KJDWs nationwide and globally.

- A KJDW is a dedication vehicle established and managed independently by KJD members in a local area or neighborhood.
- A KJDW must be established and subsequently managed with democratic principles by KJD members each of whom must have a valid RMN (registered membership number).
- Each member of KJDW Managing Team must have a valid RMN.
- A KJDW Managing Team at least comprises the Chair, Secretary, Treasurer, Membership Coordinator, Capacity Building Coordinator, Bakpri Consultant, Bakmas Coordinator, and other required coordinators and consultants.
- The main tasks and functions of KJDW are: (1) To help its members in implementing Bakpri, Bakmas, and Death Management properly; (2) To coordinate the Bakmas activities around the given KJDW; and (3) To boost cooperations with other KJDWs.
- The tenure of a KJDW Managing Team is one year and this must be held in rotation among all KJD members in the given area to ensure each member enjoying an equal opportunity in enhancing her/his leadership and managerial skills.

- KJDW is autonomous. Each KJDW Managing Team is fully responsible to all KJD members in the given area.
- Although each of all KJD members (who establish and manage a KJDW) is subject to be appointed and discharged by the central KJD, the hierarchy line between each KJDW and the central KJD is horizontal, not vertical.
- In order to ensure transparency and accountability, each KJDW must have a regularly updated website or blog containing all data and information except those considered anonymous.
- **Each KJD member is strictly forbidden to involve KJD/KJDW directly and indirectly in any activities which:** (a) are potentially against the law prevailing within the jurisdiction of the given state; (b) potentially disturb any religious groups; (c) potentially disturb the peace as well as value system of any communities; (d) are related with any commercial businesses; and (e) are related with any political practices at local as well as national levels. **The KJD member who evidently breaks one of these rules will be discharged from KJD.**

**PROGRAM 2: Personal Services (Bakti Pribadi or Bakpri):**  
Enhancing the capacity of KJD members to implement Bakpri.

- Bakpri is any form of material or immaterial donations presented sincerely by a member of KJD at least once a week to one or more of the following recipients: her/his own family members or relatives, neighbors, friends, or any other persons who encounter a problem or urgently need help.
- Bakpri donations should be given to such recipients irrespective of their sex, skin, geographic identity, religion/belief, political opinion, social and economic status, sexual orientation, gender identity, disability, and all other backgrounds.
- Examples of material Bakpri donations include: cash, foods, medicines, clothes, building materials, machines, books and stationery, etc.
- Examples of immaterial Bakpri donations include: time, expertise, treatment, and any other forms of help given to poor people and orphans, especially the sick among them; etc.
- **Anonymous Bakpri donations:** Bakpri donations could be given tangibly. But anonymous Bakrpi donations are much more recommended as this will result in greatest benefits both

physically and spiritually primarily to the donors themselves in addition to the recipients.

- **The benefits of anonymous Bakpri donations to the donors:** our careful research proves that anonymous donations are far more beneficial to the donors than the tangible donations. The benefits include: the peace in your heart will drastically increase, so that you become much happier. Due to this, your blood stream goes smoothly, so that all the diseases that used to threaten you are swept away, and slowly but surely you become much healthier physically, mentally, and spiritually than before. As the consequence, your positive energy, enthusiasm, self confidence, work ethic, and creativity overflow. This boosts your productivity and, in turn, socio-economic success. Other significant benefits also go directly or indirectly to all your family members, relatives, neighbors, friends, and all other people around you. Furthermore, you are increasingly prevented against all forms of adoration fatal to your faith, as well as arrogance, ostentation, jealousy, prejudice, hate, and all other negative attitudes and behaviors that threaten your physical, mental, spiritual, and social health.
- **The benefits of anonymous Bakpri donations to the recipients:** as also proven by our research, the recipients feel much more comfortable to receive anonymous, rather than tangible, donations. The recipients also thank God much more than usual and become much happier. Due to this, their blood stream goes smoothly, so that all the diseases that used to threaten them are swept away, and slowly but surely they become much healthier than before. As the consequence, their positive energy, enthusiasm, self confidence, work ethic, and creativity overflow. This spurs their productivity and, in turn, economic success, so that they have more potential to change from recipients into donors at a certain level. Or at least they become recipients in one place and, at the same time, become donors in other place. Eventually, this gives direct or indirect benefits to their family, relatives, neighbors, friends, and all other people around them. Furthermore, they are increasingly prevented against humiliation (due to their position as “beggars”), jealousy, prejudice, hate, and all other negative attitudes and behaviors that threaten their physical, mental, spiritual, and social wellness.
- **In case you are considered poor:** you remain possible to provide Bakpri donations to others immaterially, primarily in form of manpower, advices, prayers, and anything you have or are able to do. If necessary, you can provide immaterial Bakpri donations while receiving material Bakpri donations to or from the same or different people.

### **PROGRAM 3: Mass Services (Bakti Massal or Bakmas):** Enhancing the capacity of KJD members to implement Bakmas.

- Bakmas is any form of material or immaterial donations presented sincerely by a KJDW at least once a month to the people living nearby or in other places who encounter a problem or urgently need help. The primary target groups of Bakmas are: the poor people primarily their babies, orphans, street children, homeless children, the elders, persons with disabilities, women with chronic diseases, pregnant women, beggars, scavengers, vagrants, victims of natural disasters, other displaced people, and other needy people both in urban and rural areas.
- Bakmas donations should be given to such recipients irrespective of their sex, skin, geographic identity, religion/ belief, political opinion, social and economic status, sexual orientation, gender identity, disability, and all other backgrounds.
- Examples of material Bakmas donations: (similar to material Bakpri donations but the scale is much larger).
- Examples of immaterial Bakmas donations: (similar to immaterial Bakpri donations but the scale is much larger).
- To ensure the sincerity of the donors and the effectiveness of the implementation, the Bakmas must be well planned and deliberated among all people in the given KJDW.
- **Anonymous Bakmas donations:** due primarily to their unavoidable massiveness and openness, Bakmas donations are impossible to provide anonymously. But it is strongly advised that Bakmas donations are given not too demonstratively so that to make them closer to anonymity.
- **In case all people in your KJDW are considered poor:** your KJDW remains possible to give Bakmas donations to others immaterially, primarily in form of manpower, advices, mass prayers, and anything your KJDW has or is able to do. If necessary, your KJDW can provide immaterial Bakmas donations while receiving material Bakmas donations to or from the same or different people.

### **PROGRAM 4: Death Management:** Supporting each KJD member to implement the Death Management properly so sometime she/he can pass away in peace.

- The Death Management comprises: Monitoring and detecting the 15 death signs; Undergoing the 11 steps toward a peaceful death;

and Providing information about the death sign #15 and Step 11. All of these are described in our guide book entitled “Death Management” which is downloadable for free at [www.klubjiwadamaiblogspot.com](http://www.klubjiwadamaiblogspot.com).

## Financing Strategy

We obtain the funds to finance our organization and its activities primarily by:

- Collecting donations from the KJD members, philanthropists, and other generous institutions and individuals concerned with our strategic framework; and
- Collecting other forms of legal and sincere contributions.

## Wishing to Donate?

In case you are interested in KJD and wishing to donate, please transfer your donation to the bank account of our parent institution, namely LSM Pusat Pemberdayaan Masyarakat Marjinal (NGO Center for the Empowerment of Marginalized Communities), as follows:

- **Bank account number: 070-00-0618212-0**
- Account name/holder: LSM Pusat Pemberdayaan Masyarakat Marjinal
- Bank name: PT Bank Mandiri (PERSERO) Tbk Cabang Jakarta Plaza Mandiri
- Swift #: BMRI IDJA
- Bank address: Jl. Jenderal Gatot Subroto Kav. 36-38, Jakarta Selatan 12190, DKI Jakarta, Indonesia

## Governance

### BOARD OF DIRECTORS:

- Chair: Aulia Akbar Hamid
- Secretary: Abdul Rahman
- Treasurer: Veronika Budiyanto
- Members: Safira Tadjuddin, Hendro Wijoyo, Rukayya Hannan, Ni Luh Dewi Drupadi, Hasiani Hutabarat, Yuni Timika, Aleksiis Kambege, Edi Tohari

## BOARD OF SPIRITUAL ADVISORS:

- Chair: Hasan Nafsi
- Secretary: Muthmainnah Rasyid
- Members: Ahmad Saputra, Putu Arnawa, Ching Lan, Sartina Suyanto, Budi Salamun, Petrus Sianipar

## STAFF:

- Executive Director: Muhammad Insan Kamil
- Deputy, Institutional Development: Syamsiah Rahim
- Deputy, Program Development: Budi Santoso
- Fundraising Manager: Aminah Wahab
- Financing Manager: Nining Setyanti
- Administration Manager: Muhammad Fajrul

### Contact us

For more information contact:

**Klub Jiwa Damai (KJD)**

Email: [klubjiwadamai@gmail.com](mailto:klubjiwadamai@gmail.com)

Blog: [www.klubjiwadamai.blogspot.com](http://www.klubjiwadamai.blogspot.com)

Facebook: Klub Jiwa Damai

Twitter: @jiwadamai

Skype ID: klubjiwadamai

*Contact person:*

Muhammad Insan Kamil  
(Executive Director)

## APPENDIX 2:

# How to Be a Member of KJD

To be a member of KJD, you must:

1. be minimally 18 years old;
2. be an active follower of a religion/belief;
3. have carefully learned the strategic framework of KJD and will participate in achieving it;
4. get ready to obey and implement all the rules and regulations of KJD as well as the given KJDW;
5. not a person with mental disability, or with dementia;
6. never witness your death signs #1, #2, and #3 simultaneously;
7. not an ex-member of KJD.
8. complete the **First/Second Membership Application Form of the Klub Jiwa Damai (KJD)** as instructed. This form is downloadable at [www.klubjiwadamai.blogspot.com](http://www.klubjiwadamai.blogspot.com).

Your application will be assessed by the KJD's Board of Spiritual Advisors both administratively and spiritually. This board has the highest authority in deciding and recommending to the KJD's Staff whether to approve or reject your application. This board's decision is absolute and cannot be disturbed by anyone.

Due to the complexity of the assessment process as well as the increasing number of incoming applications, we need five to seven days to process an application.

If your **first application** is disapproved but you remain interested to be a member of KJD, you can try to submit the **second application** (using the same form, the date should be renewed) maximally 40 days after the disapproval of your first application.

If the second application is also disapproved, then we are so sorry, but you have no destination to be a member of KJD.

If your **first/second application** is approved, you will obtain a Registered Membership Number (RMN) from KJD. This RMN is vital, primarily for accessing the service relating to the death sign #15 and the Step 11 (see Chapter 7).

***NOTE: all the membership processes, before and after you become the member of KJD, are totally free of charge.***

*This book will help you throw away all the ill paradigms, perceptions, and myths about death as far as possible. By reading this book, you will finally discover that death – just like life – is manageable, although it is impossible to delay or reschedule by any creatures, anywhere.*

*Furthermore, death – beside life – has optimizable excitements in addition to avoidable agonies. In this relation, you should learn the 11 steps toward a peaceful death (see Chapter 6). As the prerequisite to this, you need to recognize your 15 death signs (see Chapter 2).*



**KJD is an association of “soul-at-peace community” striving to help its members enjoy a peaceful life and subsequently a peaceful death through Bakpri (Personal Services), Bakmas (Mass Services), and Death Management**

The English and Indonesian latest versions of this book are downloadable for free at [www.klubjiwadamai.blogspot.com](http://www.klubjiwadamai.blogspot.com)